

Bio-Identical Hormones

-for men & women-



customised compounding
-for men & women-

- ✓ a safer¹⁻⁵ HRT option for the management of menopause, andropause, PCOS, adrenal and immune disorders, reduced libido, and osteoporosis
- ✓ occur naturally in the human body and have low cancer risk²⁻⁵, unlike non-naturally occurring (non bio-identical) hormones⁶⁻⁸
- ✓ no one-size fits all: patient individualised doses and hormone-combinations are compounded by our pharmacy, based on symptoms and blood results
- ✓ full-spectrum total HRT: any combination and concentration of estriol, estradiol, estrone, DHEA, pregnenolone, progesterone & testosterone
- ✓ effectively delivered in a highly bio-available^{9,10} transdermal liposomal gel
- ✓ avoids first pass metabolism, minimising blood clotting risk^{11,12}

AVAILABLE FROM THE COMPOUNDING PHARMACY OF SOUTH AFRICA

For more information on how to prescribe Bio-Identical Hormones from anywhere in the country, via the Compounding Pharmacy, contact our head pharmacist Wayne Carson at 011 463 0310 or email to pharmacist@compounding.co.za
www.compounding.co.za

References:

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What to use with Bio-Identical Hormone Therapy for safe metabolism of hormones for women and men

Vitamin D

- Most people are deficient in vitamin D. Studies performed in Australia, with similar sunlight and lifestyles to South Africans, show that the prevalence of vitamin D deficiency is as high as 80%¹
- Supplementing with 2000IU of vitamin D daily results in a 60% reduction in breast cancer, compared to placebo²



I3Complex™

- Contains I3C (Indole-3-carbinol) and DIM (Di-Indole-Methane). These are cruciferous vegetable (broccoli & cauliflower) extracts that reduce the formation of the cancer promoting estrogen, 16-OH estrone³
- Preventatively, I3Complex™ should be used by all women on HRT, oral contraceptives, and by men & women with a family history of cancer.
- As a treatment, I3C is 50% more effective than tamoxifen when used alone & enhances effectiveness of tamoxifen when combined⁴
- Also contains effective dosages of other cancer protective nutrients such as curcumin, quercetin, resveratrol, selenium and co-enzyme Q10.



Melatonin

- Melatonin is a neuro-hormone produced by the pineal gland. It is responsible promoting not only sleep, but also proper sleep-architecture (REM & sleep stages 1-5), essential for quality restorative sleep. Melatonin is also the brain's primary anti-oxidant protector.
- Research shows that melatonin also enhances immune system function and protects against solid tumours⁵ & breast cancer cells⁶.
- Melatonin levels drop to 20% of youthful levels by age 50, manifesting in, not only insomnia and poor sleep quality, but also compromised immune function and increased cancer risk.
- Melatonin is not addictive and does not exhibit tolerance at normal dosages (up to 3mg).



Prostate Protection Formula™

- Prostate cancer is the most commonly occurring cancer in men, accounting for one-third of all cancers. Yet there a wealth of research showing how nutrients & plant extracts such as curcumin, contained in Prostate Protection Formula™, when used from the age of forty onwards, significantly help reduce the risk of developing prostate cancer & BPH⁷.
- Also contains I3C, DIM, lycopene, selenium, betasitosterol and Pygeum africanum which work via multiple mechanisms: blocking 5-alpha-reductase and aromatase enzymes, reducing the formation of the cancerous 16-hydroxyestrogen & DHT in men, apoptosis, anti-angiogenesis, alleviating prostate inflammation, and providing anti-oxidant effects.



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Download the Solal "Complete Product and Health Guide" from our website, for details on more than 200 Solal products, as well as protocols on what products to use. If you are taking the contraceptive pill, pharmaceutical hormone replacement therapy or any other medication, these may be depleting your body of important nutrients. Download Solal's chart titled "Correcting Pharmaceutical Induced Nutritional Deficiencies". Visit www.solaltech.com or phone (011) 783 3939.



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