

# What all women over 28 should be using

## Progesterone Cream

**SOLAL**  
TECHNOLOGIES  
ANTI-AGING SPECIALISTS™

PRESCRIBED BY DOCTORS  
RECOMMENDED BY PHARMACISTS™

The first hormone to decline in women is progesterone, **NOT** estrogen!

- A woman's progesterone levels begin to **decline** in her late twenties, 15-20 years before estrogen levels begin to decline.
- You have been given **poor medical advice** if you have been told that the only function of progesterone is to maintain the uterus. The truth is that you have progesterone receptors throughout your body -including your heart, brain, bones, nervous system and immune system.
- Therefore progesterone has benefits throughout your body: it not only **protects against endometriosis** (which affects women mainly in their 20's and 30's), but also relieves **menopause, PMS, depression, insomnia, infertility, PCOS** (Poly Cystic Ovarian Syndrome), builds **bones**, maintains youthful **skin** condition, enhances **cognitive function** and protects against many **cancers & heart disease**.
- The body also uses progesterone to make other hormones, including estrogen, DHEA and many more.
- Progesterone also helps **protect from environmental toxins**, such as **preservatives, pollution** and some **plastics**.

Therefore it is **essential** for **ALL** women to use progesterone from about the age of **28**. This is especially important if you are on hormone replacement therapy (HRT) because progesterone also helps protect against the cancer-risk associated with conventional HRT. Even women who have had their uterus removed (hysterectomy) need to use progesterone.

### Bio-identical vs Artificial Progesterone

Solal Technologies' Progesterone contains only bio-identical natural progesterone.

There is a big difference between bio-identical (natural) progesterone and artificial progesterone-like prescription medicines (more correctly called "progestins"). Bio-Identical Progesterone is identical to what the body makes naturally. It protects against breast cancer & reduces the risk of heart disease. Progestins, on the other hand, found in oral contraceptives and **conventional hormone**

replacement therapy, have the opposite effect: they increase cancer risk and cause heart disease.

### Wild Yam Scam

There is confusion about Wild Yam cream. Some marketers claim that Wild Yam has the same effects as Progesterone. This is untrue. Wild Yam is NOT Progesterone, nor can the body convert Wild Yam into progesterone. Wild Yam is useless.

### Liposomes are essential for effective delivery through the skin:

Solal Technologies' Progesterone Cream is the **ONLY** brand that uses liposomes for transdermal penetration.

The best way to take progesterone is to absorb it through the skin. This is because orally administered hormones first go to the liver where they are converted into metabolites that can cause blood clots. Delivering them rather through the skin, directly into the blood stream, bypasses the liver and is much safer. To do this one needs to incorporate the progesterone into liposomes which carry them through the skin. **Unless progesterone is incorporated into liposomes, it will NOT penetrate through**

the skin, remaining instead on the skin surface -useless.

### References:

Murray JL. *Natural progesterone: what role in women's health care?* Women's Health Primary Care 1998 Sep; 1(8):671-87.

Lian T, Ho RJY. *Trends and developments in liposome drug delivery systems.* J Pharm Sci 2001;90:667-80

**DIRECTIONS FOR USE** Apply one level 1ml scoop (1/4 of a teaspoon) or more (if you have "estrogen dominance" symptoms or are not obtaining results) to the skin twice daily or as directed by your health care professional. Apply, to different areas on a daily basis, including the palms of the hands, soft parts of the soles of the feet, the neck, chest or inner upper arms. Can also be used internally and applied with an applicator. **Women:** Pre-menopausal from age 28 - use from day 10-25 of monthly cycle. Post-menopausal - use daily, taking a break of 3 consecutive days per month. **Men:** Use 15 mg each night (half a 1ml scoop) before bed. Use on soft parts of the soles of feet, alternating feet. Men do NOT need days off.

Available from SOLAL Technologies, Medical Practitioners, Dis-Chem Pharmacies and selected Pharmacies & Health Shops.

For more information on this product or anti-aging products and protocols or for any health need, contact: Solal Technologies: Tel: 011 783 3939 • Fax: 011 783 3399 • email: solal@solaltech.com

[www.solaltech.com](http://www.solaltech.com)



Jacqui Moskovitz, anti-aging consultant, uses Solal Progesterone cream to balance her hormones.



PROGESTERONE CREAM



Apply to skin



Neck



Soles of feet