

BIOIDENTICAL HORMONES – For Men and Women

– *A safer HRT alternative*



The Compounding Pharmacy of South Africa (www.compounding.co.za) is the only pharmacy in South Africa that formulates individualised bioidentical hormones, nutraceutical supplements and dermaceuticals according to a person's **unique physiological requirements**.

PHARMACY FOR THE INDIVIDUAL

Throughout history, it was common for pharmacists to prepare medicines in individualised dosages for patients, as prescribed by medical practitioners. In fact, the truth is that historically all medicines were compounded in pharmacies. In the early 1900s, however, the pharmaceutical industry began manufacturing myriad different medicines and dosage forms, and the perceived need for compounding diminished. Since the early 1990s, there has been an awakening with the growing realisation that individuals are different and that their medicines should be tailored to meet specific needs. We are able to incorporate many medications and hormones, at varying concentrations and ratios, into a convenient, single-application transdermal cream, which is both cost-effective and **individualised to the patient's needs, symptoms and blood results**.

BIOIDENTICAL HORMONES – THE SAFER ALTERNATIVE

We only use bioidentical hormones in our formulations. Bioidentical hormones have the identical structure to those found naturally in the body. Research supports a superior risk profile when compared with synthetic hormones not naturally found in humans. Hormones are ideal for the treatment and prevention of **andropause** (in men), **menopause** (in women), and associated health problems, including **weight gain, reduced muscle mass, low libido, compromised heart function** and **accelerated brain aging**, all caused by low hormone levels. We are also the only pharmacy that utilises an **advanced transdermal liposomal cream** base to ensure effective delivery of hormones **through the skin**. Research shows that delivery of certain hormones through the skin reduces side effects seen with oral intake, such as blood clotting and liver problems.

THE ADVANTAGES OF BIOIDENTICAL HORMONES INCLUDE:

- **Occur naturally in the human body**
- **Not one-size fits all:** patient individualised doses and hormone-combinations are compounded by our pharmacy, based on symptoms and blood results
- **Full-spectrum total hormone replacement therapy:** any combination and concentration of bioidentical hormones
- **Effectively delivered** in a highly bioavailable transdermal liposomal gel
- **Avoids first pass metabolism**, minimising side effects.

We can compound any of the following hormones in the desired combination to meet the patient's needs: **estradiol, estriol, testosterone, DHEA, pregnenolone** and **progesterone**. We also compound unique formulations of medicines such as **low dose naltrexone (LDN)**, which is useful in treating various conditions.

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 **The Compounding
Pharmacy of SA**
BIOIDENTICAL HORMONES & PATIENT INDIVIDUALISED MEDICINES